

Eoin Lacey Limited
Abridged Unaudited Financial Statements
for the financial year ended 30 June 2025

Eoin Lacey Limited
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Eoin Lacey Limited

DIRECTOR'S RESPONSIBILITIES STATEMENT

for the financial year ended 30 June 2025

The director made the following statement in respect of the unaudited financial statements:

"General responsibilities

The director is responsible for preparing the Director's Report and the financial statements in accordance with applicable Irish law and regulations.

Irish company law requires the director to prepare financial statements for each financial year. Under that law, the director has elected to prepare the financial statements in accordance with the Companies Act 2014 and FRS 105 "The Financial Reporting Standard applicable to the Micro-Entities Regime" issued by the Financial Reporting Council. Under company law, the director must not approve the financial statements unless they are satisfied that they give a true and fair view of the assets, liabilities and financial position of the company as at the financial year end date and of the profit or loss of the company for the financial year and otherwise comply with the Companies Act 2014.

In preparing these financial statements, the director is required to:

- select suitable accounting policies for the company financial statements and then apply them consistently;
- make judgements and accounting estimates that are reasonable and prudent;
- state whether the financial statements have been prepared in accordance with applicable accounting standards, identify those standards, and note the effect and the reasons for any material departure from those standards; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The director is responsible for ensuring that the company keeps or causes to be kept adequate accounting records which correctly explain and record the transactions of the company, enable at any time the assets, liabilities, financial position and profit or loss of the company to be determined with reasonable accuracy, enable them to ensure that the financial statements and Director's Report comply with the Companies Act 2014. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Director's declaration on unaudited financial statements

In relation to the financial statements which comprise the Statement of Total Recognised Gains and Losses, the Balance Sheet and the related notes:

The director approves these financial statements and confirms that they are responsible for them, including selecting the appropriate accounting policies, applying them consistently and making, on a reasonable and prudent basis, the judgements underlying them. They have been prepared on the going concern basis on the grounds that the company will continue in business.

The director confirms that they have made available to Philip Lacey & Company, (Certified Accountants), all the company's accounting records and provided all the information, books and documents necessary for the compilation of the financial statements.

The director confirms that to the best of their knowledge and belief, the accounting records reflect all the transactions of the company for the financial year ended 30 June 2025."

Signed on behalf of the board

Eoin Lacey
Director

15 January 2026

Eoin Lacey Limited**STATEMENT OF TOTAL RECOGNISED GAINS AND LOSSES**

for the financial year ended 30 June 2025

	2025 €	2024 €
Loss after taxation	(14,842)	(17,369)
Total recognised losses for the financial year	<u>(14,842)</u>	<u>(17,369)</u>
Total recognised losses since last annual report	<u>(14,842)</u>	<u>(17,369)</u>

Note of historical cost profits and losses

The difference between the results as disclosed in the Profit and Loss Account and the result on an unmodified historical cost basis is not material.

Eoin Lacey Limited

BALANCE SHEET

as at 30 June 2025

	Notes	2025 €	2024 €
Fixed Assets			
Tangible assets	7	<u>57,515</u>	<u>67,867</u>
Current Assets			
Debtors	8	-	40,552
Cash at bank and in hand		<u>1,493</u>	<u>40</u>
		<u>1,493</u>	<u>40,592</u>
Creditors: amounts falling due within one year	9	<u>(76,316)</u>	<u>(99,499)</u>
Net Current Liabilities		<u>(74,823)</u>	<u>(58,907)</u>
Total Assets less Current Liabilities		<u>(17,308)</u>	<u>8,960</u>
Creditors:			
amounts falling due after more than one year	10	<u>(27,403)</u>	<u>(38,829)</u>
Net Liabilities		<u>(44,711)</u>	<u>(29,869)</u>
Capital and Reserves			
Called up share capital presented as equity	12	100	100
Retained earnings	13	<u>(44,811)</u>	<u>(29,969)</u>
Shareholders' Deficit		<u>(44,711)</u>	<u>(29,869)</u>

I as Director of Eoin Lacey Limited, state that -

(a) the company is availing itself of the exemption provided for by Chapter 15 of Part 6 of the Companies Act 2014,

(b) the company is availing itself of the exemption on the grounds that the conditions specified in section 358 are satisfied,

(c) the shareholders of the company have not served a notice on the company under section 334(1) in accordance with section 334(2),

(d) I acknowledge the company's obligations under the Companies Act 2014, to keep adequate accounting records and prepare financial statements which give a true and fair view of the assets, liabilities and financial position of the company at the end of its financial year and of its profit or loss for such a financial year and to otherwise comply with the provisions of the Companies Act 2014 relating to financial statements so far as they are applicable to the company,

(e) the company has relied on the specified exemption contained in section 352 Companies Act 2014. The company has done so on the grounds that the company is entitled to the benefit of that exemption as a small company and the abridged financial statements have been properly prepared in accordance with section 353 Companies Act 2014 and the micro companies' regime.

Approved by the board on 15 January 2026 and signed on its behalf by:

Eoin Lacey
Director

Eoin Lacey Limited

NOTES TO THE ABRIDGED FINANCIAL STATEMENTS

for the financial year ended 30 June 2025

1. General Information

Eoin Lacey Limited is a company limited by shares incorporated in Ireland. The registered office of the company is 36A Demesne, Killester, Dublin 5, Ireland which is also the principal place of business of the company. The financial statements have been presented in Euro (€) which is also the functional currency of the company.

2. Summary of Significant Accounting Policies

The following accounting policies have been applied consistently in dealing with items which are considered material in relation to the company's financial statements.

Statement of compliance

The financial statements of the company for the year ended 30 June 2025 have been prepared on the going concern basis and in accordance with FRS 105 "The Financial Reporting Standard for Micro-Entities applicable in the UK and Republic of Ireland" (FRS 105).

Basis of preparation

The financial statements have been prepared on the going concern basis and in accordance with the historical cost convention. The financial reporting framework that has been applied in their preparation is the Companies Act 2014 and FRS 105 "The Financial Reporting Standard applicable to the Micro-Entities Regime" issued by the Financial Reporting Council.

The company qualifies as a micro company as defined by section 280D of the Companies Act 2014 in respect of the financial year, and has applied the rules of the 'Micro Companies Regime' in accordance with section 280E of the Companies Act 2014 and FRS 105.

Accounting Convention

The financial statements are prepared under the historical cost convention.

Turnover

Turnover comprises the invoice value of goods supplied by the company, exclusive of trade discounts and value added tax.

Tangible assets and depreciation

Tangible assets are stated at cost or at valuation, less accumulated depreciation. The charge to depreciation is calculated to write off the original cost or valuation of tangible assets, less their estimated residual value, over their expected useful lives as follows:

Fixtures, fittings and equipment	-	12.5% Straight line
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The carrying values of tangible fixed assets are reviewed annually for impairment in periods if events or changes in circumstances indicate the carrying value may not be recoverable.

Trade and other debtors

Trade and other debtors are initially recognised at fair value and thereafter stated at amortised cost using the effective interest method less impairment losses for bad and doubtful debts except where the effect of discounting would be immaterial. In such cases the receivables are stated at cost less impairment losses for bad and doubtful debts.

Borrowing costs

Borrowing costs relating to the acquisition of assets are capitalised at the appropriate rate by adding them to the cost of assets being acquired. Investment income earned on the temporary investment of specific borrowings pending their expenditure on the assets is deducted from the borrowing costs eligible for capitalisation. All other borrowing costs are recognised in profit or loss in the period in which they are incurred.

Trade and other creditors

Trade and other creditors are initially recognised at fair value and thereafter stated at amortised cost using the effective interest rate method, unless the effect of discounting would be immaterial, in which case they are stated at cost.

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NOTES TO THE ABRIDGED FINANCIAL STATEMENTS

for the financial year ended 30 June 2025

Employee benefits

The company operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the company in an independently administered fund. The company also operates a defined benefit pension scheme for its employees providing benefits based on final pensionable pay. The assets of this scheme are also held separately from those of the company, being invested with pension fund managers.

Taxation

Current tax represents the amount expected to be paid or recovered in respect of taxable profits for the financial year and is calculated using the tax rates and laws that have been enacted or substantially enacted at the Balance Sheet date.

Foreign currencies

Monetary assets and liabilities denominated in foreign currencies are translated at the rates of exchange ruling at the balance sheet date. Transactions, during the year, which are denominated in foreign currencies are translated at the rates of exchange ruling at the date of the transaction. The resulting exchange differences are dealt with in the Profit and Loss Account.

Ordinary share capital

The ordinary share capital of the company is presented as equity.

3. Turnover

The whole of the company's turnover is attributable to its market in the Republic of Ireland and is derived from the principal activity of Fitness and Nutrition Consultancy

4. Operating loss	2025	2024
	€	€
Operating loss is stated after charging:		
Depreciation of tangible assets	12,485	12,218
	<u> </u>	<u> </u>
5. Interest payable and similar expenses	2025	2024
	€	€
Interest	3,233	8,769
	<u> </u>	<u> </u>

6. Employees

The average monthly number of employees, including director, during the financial year was 3, (2024 - 3).

	2025	2024
	Number	Number
Officers	3	3
	<u> </u>	<u> </u>

Eoin Lacey Limited

NOTES TO THE ABRIDGED FINANCIAL STATEMENTS

for the financial year ended 30 June 2025

7. Tangible assets	Fixtures, fittings and equipment €	Total €
Cost		
At 1 July 2024	97,745	97,745
Additions	2,133	2,133
At 30 June 2025	<u>99,878</u>	<u>99,878</u>
Depreciation		
At 1 July 2024	29,878	29,878
Charge for the financial year	12,485	12,485
At 30 June 2025	<u>42,363</u>	<u>42,363</u>
Net book value		
At 30 June 2025	<u>57,515</u>	<u>57,515</u>
At 30 June 2024	<u>67,867</u>	<u>67,867</u>
8. Debtors	2025	2024
	€	€
Trade debtors	-	40,552
	<u>-</u>	<u>40,552</u>
9. Creditors	2025	2024
Amounts falling due within one year	€	€
Amounts owed to credit institutions	14,027	14,416
Trade creditors	36,980	38,750
Taxation	19,199	31,449
Director's current account	70	4,443
Accruals	6,040	10,441
	<u>76,316</u>	<u>99,499</u>
10. Creditors	2025	2024
Amounts falling due after more than one year	€	€
Bank loan	27,403	38,829
	<u>27,403</u>	<u>38,829</u>
Loans		
Repayable in one year or less, or on demand	14,027	14,416
Repayable between one and two years	13,421	14,142
Repayable between two and five years	13,982	24,687
	<u>41,430</u>	<u>53,245</u>
11. Taxation	2025	2024
	€	€
Creditors:		
VAT	10,521	21,506
PAYE	8,678	9,943
	<u>19,199</u>	<u>31,449</u>

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NOTES TO THE ABRIDGED FINANCIAL STATEMENTS

for the financial year ended 30 June 2025

12. Share capital			2025	2024
Description	Number of shares	Value of units	€	€
Authorised				
Ordinary	100	€1.00 each	<u>100</u>	<u>100</u>
Allotted, called up and fully paid				
Ordinary	100	€1.00 each	<u>100</u>	<u>100</u>

The director's and the secretary's interests in the shares of the company are as follows:-

Name	Class of Shares	Number Held At 30/06/25	01/07/24
Eoin Lacey	Ordinary	50	50
Suzie Campbell	Ordinary	50	50
		<u>100</u>	<u>100</u>

13. Profit and loss account	2025	2024
	€	€
At 1 July 2024	(29,969)	(12,600)
Loss for the financial year	(14,842)	(17,369)
At 30 June 2025	<u>(44,811)</u>	<u>(29,969)</u>

14. Capital commitments

The company had no material capital commitments at the financial year-ended 30 June 2025.

15. Post-Balance Sheet Events

There have been no significant events affecting the company since the financial year-end.

16. Approval of financial statements

The financial statements were approved and authorised for issue by the board on 15 January 2026.