

Registration number 674454

Pelvic Health Programs Limited

Abridged accounts

for the year ended 31 July 2025

Pelvic Health Programs Limited

Contents

Company Information	1
Abridged balance sheet	2
Notes to the abridged Financial Statements	3 - 5

Pelvic Health Programs Limited

Company information

Directors	Shalini Wiseman
Secretary	Martin Wiseman
Company number	674454
Registered office	12 Heatherfield Waterfall Co Cork T12 V88E
Accountants	Abacus & Co The Elms Sculleen Cloyne Co Cork
Bankers	Allied Irish Banks PLC Bishopstown Cork

Pelvic Health Programs Limited

Abridged balance sheet					
as at 31 July 2025					
	Notes	2025		2024	
		€	€	€	€
Fixed assets					
Tangible assets	5		1,651		2,084
Current assets					
Cash at bank and in hand		92,306		74,130	
		<u>92,306</u>		<u>74,130</u>	
Creditors: amounts falling due within one year	6	(7,129)		(7,301)	
Net current assets			<u>85,177</u>		<u>66,829</u>
Total assets less current liabilities			86,828		68,913
Net assets			<u><u>86,828</u></u>		<u><u>68,913</u></u>
Capital and reserves					
Called up share capital			100		100
Profit and loss account	7		<u>86,728</u>		<u>68,813</u>
Equity shareholders' funds			<u><u>86,828</u></u>		<u><u>68,913</u></u>

We the directors of Pelvic Health Programs Limited state that: (a) the company is availing itself of the exemption provided for by Chapter 15 of Part 6 of the Companies Act 2014. (b) the company is availing itself of the exemption on the grounds that the conditions specified in section 358 are satisfied. (c) the shareholders of the company have not served a notice on the company under section 334(1) in accordance with section 334 (2) of the Companies Act 2014. (d) We acknowledge the company's obligations under the Companies Act 2014 to keep adequate accounting records and prepare financial statements which give a true and fair view of the assets, liabilities and financial position of the company at the end of its financial year and of its profit or loss for such a year and to otherwise comply with the provisions of the Companies Act 2014 relating to financial statements so far as they are applicable to the company (e) The company has relied on the specified exemption contained in section 352; We have done so on the ground that the company is entitled to the benefit of that exemption in accordance with section 353.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime within the Companies Act 2014 and in accordance with the provisions of FRS 102 Section 1A.

The financial statements were approved and authorised for issue by the Board on 23 January 2026.

Shalini Wiseman
Director

The notes on pages 3 to 5 form an integral part of these financial statements.

Pelvic Health Programs Limited

Notes to the abridged financial statements for the year ended 31 July 2025

1. Summary of significant accounting policies

1.1. General information and basis of preparation

Pelvic Health Programs Limited is a company limited by shares, incorporated in the Republic of Ireland and its company registration number is 674454. The principal activity of the company is the provision of physiotherapy and related services. The company's registered office is 12 Heatherfield, Waterfall, Co Cork, T12 V88E.

The financial statements are presented in Euro which is the functional currency of the company.

The following accounting policies have been applied consistently in dealing with items which are considered material in relation to the company's financial statements.

The financial statements are prepared on the going concern basis, and comply with the financial reporting issued by the Financial Reporting Council including the FRS102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") as adapted by Section 1A of FRS102 and the Companies Act 2014.

1.2. Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost or valuation less accumulated depreciation and accumulated impairment losses. Depreciation is provided on all tangible fixed assets, at rates calculated to write off the cost less residual value, of each asset systematically over its expected useful life, as follows:

Fixtures, fittings and equipment - 12.5% Straight Line

1.3. Taxation

Current tax represents the amount of tax payable or receivable in respect of the taxable profit (or loss) for the current or past reporting periods. It is measured at the amount expected to be paid or recovered using the tax rates and laws that have been enacted or substantively enacted by the balance sheet date.

1.4. Employee benefits

When employees have rendered service to the company, short-term employee benefits to which the employees are entitled are recognised at the undiscounted amount expected to be paid in exchange for that service.

The pension costs charged in the financial statements represent the contribution payable by the company during the year.

1.5. Turnover Policy

Turnover is recognised to the extent that it is probable that the economic benefits will flow to the Company and the turnover can be reliably measured. Turnover is measured as the fair value of the consideration received or receivable, excluding discounts, rebates, value added tax and other sales taxes.

Pelvic Health Programs Limited

**Notes to the abridged financial statements
for the year ended 31 July 2025**

..... continued

1.6. Impairment

Assets not measured at fair value are reviewed for any indication that the asset may be impaired at each balance sheet date. If such indication exists, the recoverable amount of the asset, or the asset's cash generating unit, is estimated and compared to the carrying amount. Where the carrying amount exceeds its recoverable amount, an impairment loss is recognised in profit or loss unless the asset is carried at a revalued amount where the impairment loss is a revaluation decrease.

1.7. Going concern

After reviewing the Company's forecasts and projections, the directors have a reasonable expectation that the Company has adequate resources to continue in operational existence for the foreseeable future. The Company therefore continues to adopt the going concern basis in preparing its financial statements.

2. Employees

There were no employees during the year apart from the sole director.

3. Directors' emoluments

	2025	2024
	€	€
Remuneration	57,133	44,667
Pension contributions	12,500	42,500
	<u>69,633</u>	<u>87,167</u>
	Number	Number
Number of directors to whom retirement benefits are accruing under a money purchase scheme	<u>1</u>	<u>1</u>

4. Tax on profit/(loss) on ordinary activities

Analysis of charge in period	2025	2024
	€	€
Corporation tax	<u>1,698</u>	<u>1,628</u>

Pelvic Health Programs Limited

**Notes to the abridged financial statements
for the year ended 31 July 2025**

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5. Tangible fixed assets	Fixtures, fittings and equipment €	Total €
Cost		
At 1 August 2024	3,466	3,466
At 31 July 2025	<u>3,466</u>	<u>3,466</u>
Depreciation		
At 1 August 2024	1,382	1,382
Charge for the year	433	433
At 31 July 2025	<u>1,815</u>	<u>1,815</u>
Net book values		
At 31 July 2025	<u>1,651</u>	<u>1,651</u>
At 31 July 2024	<u>2,084</u>	<u>2,084</u>
6. Creditors: amounts falling due within one year	2025	2024
	€	€
Taxation and social welfare	778	(394)
Directors' accounts	3,551	4,895
Accruals	2,800	2,800
	<u>7,129</u>	<u>7,301</u>
7. Movement on profit and loss reserve	Profit & loss reserve €	Total €
At 1 August 2024	68,813	68,813
Profit / (loss) for the year	17,915	17,915
At 31 July 2025	<u>86,728</u>	<u>86,728</u>