

Hungry Soul Ltd
Abridged Unaudited Financial Statements
for the financial year ended 31 December 2024

Hungry Soul Ltd

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Hungry Soul Ltd

DIRECTORS AND OTHER INFORMATION

Directors	Jacques Brennan Carmel O'Shanahan
Company Secretary	Jacques Brennan
Company Number	651702
Registered Office	Pamdohlen House Dooradoyle Road Limerick
Business Address	23 Parkroe Heights Ardnacrusha Co. Clare
Accountants	Namara Business & Financial Advisors t/a Namara Chartered Certified Accountants Pamdohlen House Dooradoyle Road Limerick
Bankers	Allied Irish Banks Plc 106/108 O'Connell Street Limerick Ireland

Hungry Soul Ltd

DIRECTORS' RESPONSIBILITIES STATEMENT

for the financial year ended 31 December 2024

The directors made the following statement in respect of the unaudited financial statements:

"General responsibilities

The directors are responsible for preparing the Directors' Report and the financial statements in accordance with applicable Irish law and regulations.

Irish company law requires the directors to prepare financial statements for each financial year. Under that law, the directors have elected to prepare the financial statements in accordance with the Companies Act 2014 and FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland", applying Section 1A of that Standard, issued by the Financial Reporting Council. Under company law, the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the assets, liabilities and financial position of the company as at the financial year end date and of the profit or loss of the company for the financial year and otherwise comply with the Companies Act 2014.

In preparing these financial statements, the directors are required to:

- select suitable accounting policies for the company financial statements and then apply them consistently;
- make judgements and accounting estimates that are reasonable and prudent;
- state whether the financial statements have been prepared in accordance with applicable accounting standards, identify those standards, and note the effect and the reasons for any material departure from those standards; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for ensuring that the company keeps or causes to be kept adequate accounting records which correctly explain and record the transactions of the company, enable at any time the assets, liabilities, financial position and profit or loss of the company to be determined with reasonable accuracy, enable them to ensure that the financial statements and Directors' Report comply with the Companies Act 2014. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Directors' declaration on unaudited financial statements

In relation to the financial statements which comprise the Balance Sheet, the Reconciliation of Shareholders' Funds and the related notes:

The directors approve these financial statements and confirm that they are responsible for them, including selecting the appropriate accounting policies, applying them consistently and making, on a reasonable and prudent basis, the judgements underlying them. They have been prepared on the going concern basis on the grounds that the company will continue in business.

The directors confirm that they have made available to Namara Business & Financial Advisors, (Chartered Certified Accountants), all the company's accounting records and provided all the information, books and documents necessary for the compilation of the financial statements.

The directors confirm that to the best of their knowledge and belief, the accounting records reflect all the transactions of the company for the financial year ended 31 December 2024."

Signed on behalf of the board

Jacques Brennan
Director

28 January 2026

Carmel O'Shanahan
Director

28 January 2026

Hungry Soul Ltd

BALANCE SHEET

as at 31 December 2024

	Notes	2024 €	2023 €
Fixed Assets			
Tangible assets	7	<u>56,364</u>	<u>54,093</u>
Current Assets			
Stocks	8	3,000	650
Debtors	9	12,808	7,377
Cash at bank and in hand		<u>33,580</u>	<u>13,042</u>
		<u>49,388</u>	<u>21,069</u>
Creditors: amounts falling due within one year	10	<u>(5,871)</u>	<u>(2,378)</u>
Net Current Assets		<u>43,517</u>	<u>18,691</u>
Total Assets less Current Liabilities		<u>99,881</u>	<u>72,784</u>
amounts falling due after more than one year	11	<u>(15,997)</u>	<u>(9,681)</u>
Net Assets		<u><u>83,884</u></u>	<u><u>63,103</u></u>
Capital and Reserves			
Called up share capital presented as equity	14	2	2
Retained earnings		(52,700)	(63,481)
Subordinated loan	16	<u>136,582</u>	<u>126,582</u>
Shareholders' Funds		<u><u>83,884</u></u>	<u><u>63,103</u></u>

The financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland", applying Section 1A of that Standard.

We as Directors of Hungry Soul Ltd, state that -

(a) the company is availing itself of the exemption provided for by Chapter 15 of Part 6 of the Companies Act 2014,

(b) the company is availing itself of the exemption on the grounds that the conditions specified in section 358 are satisfied,

(c) the shareholders of the company have not served a notice on the company under section 334(1) in accordance with section 334(2),

(d) we acknowledge the company's obligations under the Companies Act 2014, to keep adequate accounting records and prepare financial statements which give a true and fair view of the assets, liabilities and financial position of the company at the end of its financial year and of its profit or loss for such a financial year and to otherwise comply with the provisions of the Companies Act 2014 relating to financial statements so far as they are applicable to the company,

(e) the company has relied on the specified exemption contained in section 352 Companies Act 2014. The company has done so on the grounds that the company is entitled to the benefit of that exemption as a small company and the abridged financial statements have been properly prepared in accordance with section 353 Companies Act 2014 and the small companies' regime.

Approved by the board on 28 January 2026 and signed on its behalf by:

Jacques Brennan
Director

Carmel O'Shanahan
Director

Hungry Soul Ltd**RECONCILIATION OF SHAREHOLDERS' FUNDS**

as at 31 December 2024

	Called up share capital €	Retained earnings €	Subordinated loan reserve €	Total €
At 1 January 2023	2	(42,193)	96,582	54,391
Loss for the financial year	-	(21,288)	-	(21,288)
Other movements in Shareholders' Funds	-	-	30,000	30,000
At 31 December 2023	2	(63,481)	126,582	63,103
Profit for the financial year	-	10,781	-	10,781
Other movements in Shareholders' Funds	-	-	10,000	10,000
At 31 December 2024	2	(52,700)	136,582	83,884

Hungry Soul Ltd

NOTES TO THE ABRIDGED FINANCIAL STATEMENTS

for the financial year ended 31 December 2024

1. General Information

Hungry Soul Ltd is a company limited by shares incorporated and registered in Ireland. The registered number of the company is 651702. The registered office of the company is Pamdohlen House, Dooradoyle Road, Limerick. The company is engaged in the business of selling books, food and other culinary items. The financial statements have been presented in Euro (€) which is also the functional currency of the company.

2. Summary of Significant Accounting Policies

The following accounting policies have been applied consistently in dealing with items which are considered material in relation to the company's financial statements.

Statement of compliance

The financial statements of the company for the financial year ended 31 December 2024 have been prepared in accordance with the provisions of FRS 102 Section 1A (Small Entities) and the Companies Act 2014.

Basis of preparation

The financial statements have been prepared on the going concern basis and in accordance with the historical cost convention except for certain properties and financial instruments that are measured at revalued amounts or fair values, as explained in the accounting policies below. Historical cost is generally based on the fair value of the consideration given in exchange for assets. The financial reporting framework that has been applied in their preparation is the Companies Act 2014 and FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" Section 1A, issued by the Financial Reporting Council.

The company qualifies as a small company as defined by section 280A of the Companies Act 2014 in respect of the financial year, and has applied the rules of the 'Small Companies Regime' in accordance with section 280C of the Companies Act 2014 and Section 1A of FRS 102.

Turnover

Turnover comprises the invoice value of goods supplied by the company, exclusive of trade discounts and value added tax.

Tangible assets and depreciation

Tangible assets are stated at cost or at valuation, less accumulated depreciation. The charge to depreciation is calculated to write off the original cost or valuation of tangible assets, less their estimated residual value, over their expected useful lives as follows:

Market stall equipment	-	10% Reducing balance basis
Equipment and machinery	-	10% Reducing balance basis
Motor vehicles	-	25% Straight line

The carrying values of tangible fixed assets are reviewed annually for impairment in periods if events or changes in circumstances indicate the carrying value may not be recoverable.

Stocks

Stocks are valued at the lower of cost and net realisable value. Stocks are determined on a first-in first-out basis. Cost comprises expenditure incurred in the normal course of business in bringing stocks to their present location and condition. Full provision is made for obsolete and slow moving items. Net realisable value comprises actual or estimated selling price (net of trade discounts) less all further costs to completion or to be incurred in marketing and selling.

Trade and other debtors

Trade and other debtors are initially recognised at fair value and thereafter stated at amortised cost using the effective interest method less impairment losses for bad and doubtful debts except where the effect of discounting would be immaterial. In such cases the receivables are stated at cost less impairment losses for bad and doubtful debts.

Cash at bank and in hand

Cash and cash equivalents comprise cash at bank and in hand, demand deposits with banks and other short-term highly liquid investments with original maturities of three months or less and bank overdrafts. In the Balance Sheet bank overdrafts are shown within Creditors.

Hungry Soul Ltd**NOTES TO THE ABRIDGED FINANCIAL STATEMENTS**

for the financial year ended 31 December 2024

Trade and other creditors

Trade and other creditors are initially recognised at fair value and thereafter stated at amortised cost using the effective interest rate method, unless the effect of discounting would be immaterial, in which case they are stated at cost.

Taxation and deferred taxation

Current tax represents the amount expected to be paid or recovered in respect of taxable profits for the financial year and is calculated using the tax rates and laws that have been enacted or substantially enacted at the Balance Sheet date.

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date where transactions or events have occurred at that date that will result in an obligation to pay more tax in the future, or a right to pay less tax in the future. Timing differences are temporary differences between the company's taxable profits and its results as stated in the financial statements.

Deferred tax is measured on an undiscounted basis at the tax rates that are anticipated to apply in the periods in which the timing differences are expected to reverse, based on tax rates and laws that have been enacted or substantively enacted by the Balance Sheet date.

Government grants

Capital grants received and receivable are treated as deferred income and amortised to the Profit and Loss Account annually over the useful economic life of the asset to which it relates. Revenue grants are credited to the Profit and Loss Account when received.

Foreign currencies

Monetary assets and liabilities denominated in foreign currencies are translated at the rates of exchange ruling at the Balance Sheet date. Non-monetary items that are measured in terms of historical cost in a foreign currency are translated at the rates of exchange ruling at the date of the transaction. Non-monetary items that are measured at fair value in a foreign currency are translated using the exchange rates at the date when the fair value was determined. The resulting exchange differences are dealt with in the Profit and Loss Account.

Ordinary share capital

The ordinary share capital of the company is presented as equity.

3. Going concern

The company is reliant on the continued financial support of the directors to enable it continue to trade. The directors have indicated they are willing to continue to support the company for the foreseeable future according as it establishes itself. Jacques Brennan has provided a long term loan of €136,582 to the company which has been subordinated.

4. Turnover

The whole of the company's turnover is attributable to its market in the Republic of Ireland and is derived from the principal activity of culinary sales and advice.

5. Operating profit/(loss)

	2024	2023
	€	€
Operating profit/(loss) is stated after charging/(crediting):		
Depreciation of tangible assets	7,329	6,280
(Profit) on disposal of tangible assets	-	(30)
Amortisation of Government grants	(2,046)	(1,210)
	<u> </u>	<u> </u>

6. Employees

The average monthly number of employees, including directors, during the financial year was 2, (2023 - 2).

	2024	2023
	Number	Number
Directors	<u> 2</u>	<u> 2</u>

Hungry Soul Ltd

NOTES TO THE ABRIDGED FINANCIAL STATEMENTS

for the financial year ended 31 December 2024

7. Tangible assets	Market stall equipment	Equipment and machinery	Motor vehicles	Total
	€	€	€	€
Cost				
At 1 January 2024	2,343	63,237	-	65,580
Additions	-	-	9,600	9,600
At 31 December 2024	<u>2,343</u>	<u>63,237</u>	<u>9,600</u>	<u>75,180</u>
Depreciation				
At 1 January 2024	531	10,956	-	11,487
Charge for the financial year	181	5,228	1,920	7,329
At 31 December 2024	<u>712</u>	<u>16,184</u>	<u>1,920</u>	<u>18,816</u>
Net book value				
At 31 December 2024	<u><u>1,631</u></u>	<u><u>47,053</u></u>	<u><u>7,680</u></u>	<u><u>56,364</u></u>
At 31 December 2023	<u><u>1,812</u></u>	<u><u>52,281</u></u>	<u><u>-</u></u>	<u><u>54,093</u></u>
8. Stocks			2024	2023
			€	€
Goods for resale			<u><u>3,000</u></u>	<u><u>650</u></u>
The replacement cost of stock did not differ significantly from the figures shown.				
9. Debtors			2024	2023
			€	€
Trade debtors			12,416	3,396
Taxation			392	3,981
			<u><u>12,808</u></u>	<u><u>7,377</u></u>
10. Creditors			2024	2023
Amounts falling due within one year			€	€
Taxation			1,581	588
Accruals			4,290	1,790
			<u><u>5,871</u></u>	<u><u>2,378</u></u>
11. Creditors			2024	2023
Amounts falling due after more than one year			€	€
Government grants (Note 13)			<u><u>15,997</u></u>	<u><u>9,681</u></u>

Hungry Soul Ltd
NOTES TO THE ABRIDGED FINANCIAL STATEMENTS
for the financial year ended 31 December 2024

12. Taxation		2024	2023
		€	€
	Debtors:		
	VAT	<u>392</u>	<u>3,981</u>
	Creditors:		
	PAYE	<u>1,581</u>	<u>588</u>
13. Government Grants Deferred		2024	2023
		€	€
	Capital grants received and receivable		
	At 1 January 2024	<u>12,101</u>	12,101
	Increase in financial year	<u>8,362</u>	-
	At 31 December 2024	<u>20,463</u>	12,101
	Amortisation		
	At 1 January 2024	<u>(2,420)</u>	(1,210)
	Amortised in financial year	<u>(2,046)</u>	(1,210)
	At 31 December 2024	<u>(4,466)</u>	(2,420)
	Net book value		
	At 31 December 2024	<u>15,997</u>	9,681
	At 1 January 2024	<u>9,681</u>	10,891
14. Share capital		2024	2023
		€	€
Description	Number of shares	Value of units	
Authorised			
Ordinary Shares Class 1	1,000,000	€1.00 each	<u>1,000,000</u>
Allotted, called up and fully paid			
Ordinary Shares Class 1	2	€1.00 each	<u>2</u>

The directors' and the secretary's interests in the shares of the company are as follows:-

Name	Class of Shares	Number Held	
		At 31/12/24	01/01/24
Jacques Brennan	Ordinary Shares Class 1	1	1
Carmel O'Shanahan	Ordinary Shares Class 1	1	1
		<u>2</u>	<u>2</u>

Hungry Soul Ltd
NOTES TO THE ABRIDGED FINANCIAL STATEMENTS
for the financial year ended 31 December 2024

15. Profit and loss account

	2024	2023
	€	€
At 1 January 2024	(63,481)	(42,193)
Profit/(loss) for the financial year	10,781	(21,288)
At 31 December 2024	(52,700)	(63,481)

16. Subordinated Loan

	2024	2023
	€	€
Jacques Brennan	136,582	126,582

17. Capital commitments

The company had no material capital commitments at the financial year-ended 31 December 2024.

18. Related party transactions

Jacques Brennan has provided a long term loan of €136,582 to the company. No date has been set for repayment of this loan by the company and no interest is being paid by the company to Jacques. The loan has been subordinated in the company's balance sheet.

19. Controlling interest

The company is owned and controlled by Jacques Brennan and Carmel O'Shanahan-Brennan, who are also the company's ultimate controlling parties.

20. Post-Balance Sheet Events

There have been no significant events affecting the company since the financial year-end.

21. Approval of financial statements

The financial statements were approved and authorised for issue by the board of directors on 28 January 2026.