

Freshville Limited
Abridged Unaudited Financial Statements
for the financial year ended 30 June 2025

Freshville Limited

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Freshville Limited
DIRECTORS AND OTHER INFORMATION

Directors	Narinder Kaushal Rana Gagan Singh
Company Secretary	Narinder Kaushal
Company Number	721160
Registered Office and Business Address	Upper floors Drogheda Town Center West St. Drogheda Louth
Accountants	TASC Accountants Certified Public Accountants 3C Main Street Ongar Village Blanchardstown Dublin 15 Republic of Ireland
Bankers	Allied Irish Bank Cornelscourt, Dublin 18

Freshville Limited

DIRECTORS' RESPONSIBILITIES STATEMENT

for the financial year ended 30 June 2025

The directors made the following statement in respect of the unaudited financial statements:

"General responsibilities

The directors are responsible for preparing the Directors' Report and the financial statements in accordance with applicable Irish law and regulations.

Irish company law requires the directors to prepare financial statements for each financial year. Under that law, the directors have elected to prepare the financial statements in accordance with the Companies Act 2014 and FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" issued by the Financial Reporting Council. Under company law, the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the assets, liabilities and financial position of the company as at the financial year end date and of the profit or loss of the company for the financial year and otherwise comply with the Companies Act 2014.

In preparing these financial statements, the directors are required to:

- select suitable accounting policies for the company financial statements and then apply them consistently;
- make judgements and accounting estimates that are reasonable and prudent;
- state whether the financial statements have been prepared in accordance with applicable accounting standards, identify those standards, and note the effect and the reasons for any material departure from those standards; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for ensuring that the company keeps or causes to be kept adequate accounting records which correctly explain and record the transactions of the company, enable at any time the assets, liabilities, financial position and profit or loss of the company to be determined with reasonable accuracy, enable them to ensure that the financial statements and Directors' Report comply with the Companies Act 2014. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Directors' declaration on unaudited financial statements

In relation to the financial statements which comprise the Balance Sheet and the related notes:

The directors approve these financial statements and confirm that they are responsible for them, including selecting the appropriate accounting policies, applying them consistently and making, on a reasonable and prudent basis, the judgements underlying them. They have been prepared on the going concern basis on the grounds that the company will continue in business.

The directors confirm that they have made available to TASC Accountants, (Certified Public Accountants), all the company's accounting records and provided all the information, books and documents necessary for the compilation of the financial statements.

The directors confirm that to the best of their knowledge and belief, the accounting records reflect all the transactions of the company for the financial year ended 30 June 2025."

Signed on behalf of the board

Narinder Kaushal
Company Secretary

5 January 2026

Rana Gagan Singh
Director

5 January 2026

Freshville Limited

BALANCE SHEET

as at 30 June 2025

	Notes	2025 €	2024 €
Fixed Assets			
Intangible assets	7	35,000	35,000
Tangible assets	8	44,836	47,364
Fixed Assets		79,836	82,364
Current Assets			
Debtors	9	(23,146)	(15,658)
Cash and cash equivalents		21,498	33,695
		(1,648)	18,037
Creditors: amounts falling due within one year	10	(37,429)	(52,082)
Net Current Liabilities		(39,077)	(34,045)
Total Assets less Current Liabilities		40,759	48,319
Creditors:			
amounts falling due after more than one year	11	(34,648)	(45,339)
Net Assets		6,111	2,980
Capital and Reserves			
Called up share capital presented as equity		100	100
Retained earnings		6,011	2,880
Shareholders' Funds		6,111	2,980

We as Directors of Freshville Limited, state that -

(a) the company is availing itself of the exemption provided for by Chapter 15 of Part 6 of the Companies Act 2014,

(b) the company is availing itself of the exemption on the grounds that the conditions specified in section 358 are satisfied,

(c) the shareholders of the company have not served a notice on the company under section 334(1) in accordance with section 334(2),

(d) we acknowledge the company's obligations under the Companies Act 2014, to keep adequate accounting records and prepare financial statements which give a true and fair view of the assets, liabilities and financial position of the company at the end of its financial year and of its profit or loss for such a financial year and to otherwise comply with the provisions of the Companies Act 2014 relating to financial statements so far as they are applicable to the company,

(e) the company has relied on the specified exemption contained in section 352 Companies Act 2014. The company has done so on the grounds that the company is entitled to the benefit of that exemption as a small company and the abridged financial statements have been properly prepared in accordance with section 353 Companies Act 2014.

Approved by the board on 5 January 2026 and signed on its behalf by:

Narinder Kaushal
Company Secretary

Rana Gagan Singh
Director

Freshville Limited

NOTES TO THE ABRIDGED FINANCIAL STATEMENTS

for the financial year ended 30 June 2025

1. General Information

Freshville Limited is a company limited by shares incorporated and registered in Ireland. The registered number of the company is 721160. The registered office of the company is Upper floors Drogheda Town Center, West St. Drogheda, Louth which is also the principal place of business of the company. The principal activity of the company is the operation of a fitness and gym facility. The financial statements have been presented in Euro (€) which is also the functional currency of the company.

2. Summary of Significant Accounting Policies

The following accounting policies have been applied consistently in dealing with items which are considered material in relation to the company's financial statements.

Statement of compliance

The financial statements of the company for the financial year ended 30 June 2025 have been prepared on the going concern basis and in accordance with FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" (FRS 102).

Basis of preparation

The financial statements have been prepared on the going concern basis and in accordance with the historical cost convention except for certain properties and financial instruments that are measured at revalued amounts or fair values, as explained in the accounting policies below. Historical cost is generally based on the fair value of the consideration given in exchange for assets. The financial reporting framework that has been applied in their preparation is the Companies Act 2014 and FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" issued by the Financial Reporting Council.

Turnover

Turnover is recognised to the extent that the company obtains the right to consideration in exchange for its performance. Turnover comprises the fair value of consideration received and receivable exclusive of value added tax and after discounts and rebates.

Where the consideration receivable in cash or cash equivalents is deferred, and the arrangement constitutes a financing transaction, the fair value of the consideration is measured as the present value of all future receipts using the imputed rate of interest.

Turnover from the sale of goods is recognised when the significant risks and rewards of ownership of the goods have passed to the buyer, usually on dispatch of the goods, the amount of turnover can be measured reliably, it is probable that the economic benefits associated with the transaction will flow to the entity and the costs incurred or to be incurred in respect of the transaction can be measured reliably.

Turnover from the provision of services is recognised in the accounting period in which the services are rendered and the outcome of the contract can be estimated reliably. The company uses the percentage of completion method based on the actual service performed as a percentage of the total services to be provided.

Intangible assets

Acquired franchise charge are initially recognised at cost. These fees are considered to have an indefinite useful life and, therefore, are not amortised. The carrying amount is reviewed at each reporting date for impairment in accordance with Section 27 of FRS 102 – Impairment of Assets.

If the useful life of an intangible asset is determined to be finite, it is amortised on a straight-line basis over its estimated useful life, not exceeding 10 years.

Freshville Limited

NOTES TO THE ABRIDGED FINANCIAL STATEMENTS

for the financial year ended 30 June 2025

Tangible assets and depreciation

Cost

Tangible fixed assets are recorded at historical cost or deemed cost, less accumulated depreciation and impairment losses. Cost includes prime cost, overheads and interest incurred in financing the construction of tangible fixed assets. Capitalisation of interest ceases when the asset is brought into use. Equipment and fixtures and fittings are stated at cost less accumulated depreciation and accumulated impairment losses.

Depreciation

Depreciation is provided on Tangible fixed assets, on a straight-line basis, so as to write off their cost less residual amounts over their estimated useful economic lives.

The estimated useful economic lives assigned to Tangible fixed assets are as follows:

Fixtures, fittings and equipment	-	12.5% Straight line
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The company's policy is to review the remaining useful economic lives and residual values of Tangible fixed assets on an on-going basis and to adjust the depreciation charge to reflect the remaining estimated useful economic life and residual value.

Fully depreciated property, plant & equipment are retained in the cost of property, plant & equipment and related accumulated depreciation until they are removed from service. In the case of disposals, assets and related depreciation are removed from the financial statements and the net amount, less proceeds from disposal, is charged or credited to the profit and loss account.

Trade and other debtors

Trade and other debtors recognised initially at transaction price (including transaction costs) unless a financing arrangement exists in which case they are measured at the present value of future receipts discounted at a market rate. Subsequently these are measured at amortised cost less any provision for impairment. A provision for impairment of trade debtors is established when there is objective evidence that the company will not be able to collect all amounts due according to the original terms of receivables. The amount of the provision is the difference between the asset's carrying amount and the present value of estimated future cash flows, discounted at the effective interest rate. All movements in the level of the provision required are recognised in the profit and loss.

Borrowing costs

Borrowings are recognised initially at the transaction price (present value of cash payable to the bank, including transaction costs). Borrowings are subsequently stated at amortised cost. Interest expense is recognized on the basis of the effective interest method and is included in finance costs.

Borrowings are classified as current liabilities unless the Company has a right to defer settlement of the liability for at least 12 months after the reporting date.

Trade and other creditors

Creditors and accruals are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade payables are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

As permitted by the amendment made to FRS 102 Section 11 for small entities by the FRC on 8 May 2017 amounts due from directors and shareholders of the entity are stated initially at the transaction price and subsequently at transaction price less repayments. The amortised cost model is not used.

Employee benefits

The company provides a range of benefits to employees, including annual bonus arrangements and paid holiday arrangement.

Freshville Limited

NOTES TO THE ABRIDGED FINANCIAL STATEMENTS

for the financial year ended 30 June 2025

Taxation and deferred taxation

Tax is recognised in the profit and loss account, except to the extent that it relates to items recognised in other comprehensive income or directly in equity. In this case tax is also recognised in other comprehensive income or directly in equity respectively.

Current tax

Current tax is calculated on the profits of the period. Current tax is determined using tax rates (and laws) that have been enacted or substantively enacted by the balance sheet date.

Government grants

Government grants are recognised at their fair value in profit or loss where there is a reasonable assurance that the grant will be received and the Company has complied with all attached conditions.

Foreign currencies

Monetary assets and liabilities denominated in foreign currencies are translated at the rates of exchange ruling at the Balance Sheet date. Non-monetary items that are measured in terms of historical cost in a foreign currency are translated at the rates of exchange ruling at the date of the transaction. Non-monetary items that are measured at fair value in a foreign currency are translated using the exchange rates at the date when the fair value was determined. The resulting exchange differences are dealt with in the Profit and Loss Account.

Ordinary share capital

Ordinary shares are classified as equity. Incremental costs directly attributable to the issue of new ordinary shares or options are shown in equity as a deduction, net of tax, from the proceeds.

3. Operating profit	2025	2024
	€	€
Operating profit is stated after charging/(crediting):		
Depreciation of tangible assets	7,371	6,766
Government grants received	-	(2,175)
	<u> </u>	<u> </u>
4. Interest payable and similar expenses	2025	2024
	€	€
Interest	3,278	476
	<u> </u>	<u> </u>
5. Employees		
The average monthly number of employees during the financial year was 6, (2024 - 8).		
	2025	2024
	Number	Number
Sales and Admin	6	8
	<u> </u>	<u> </u>

Freshville Limited
NOTES TO THE ABRIDGED FINANCIAL STATEMENTS

for the financial year ended 30 June 2025

6. Tax on profit

	2025 €	2024 €
(a) Analysis of charge in the financial year		
Current tax:		
Corporation tax at 12.50% (2024 - 12.50%) (Note 6 (b))	-	-
	<u> </u>	<u> </u>

(b) Factors affecting tax charge for the financial year

The tax assessed for the financial year differs from the standard rate of corporation tax in the Republic of Ireland 12.50% (2024 - 12.50%). The differences are explained below:

	2025 €	2024 €
Profit taxable at 12.50%	<u>3,131</u>	<u>2,910</u>
Profit before tax multiplied by the standard rate of corporation tax in the Republic of Ireland at 12.50% (2024 - 12.50%)	391	364
Effects of:		
Using 486 C relief	<u>(391)</u>	<u>(364)</u>
Total tax charge for the financial year (Note 6 (a))	<u> </u>	<u> </u>

No charge to tax arises due as Sec 486 C has been used.

7. Intangible assets

	€	Total €
Cost		
At 1 July 2024	<u>35,000</u>	<u>35,000</u>
At 30 June 2025	<u>35,000</u>	<u>35,000</u>
Net book value		
At 30 June 2025	<u>35,000</u>	<u>35,000</u>
At 30 June 2024	<u>35,000</u>	<u>35,000</u>

Freshville Limited
NOTES TO THE ABRIDGED FINANCIAL STATEMENTS
for the financial year ended 30 June 2025

8. Tangible assets

	Fixtures, fittings and equipment €	Total €
Cost		
At 1 July 2024	54,130	54,130
Additions	4,843	4,843
	<u>58,973</u>	<u>58,973</u>
Depreciation		
At 1 July 2024	6,766	6,766
Charge for the financial year	7,371	7,371
	<u>14,137</u>	<u>14,137</u>
Net book value		
At 30 June 2025	<u>44,836</u>	<u>44,836</u>
At 30 June 2024	<u><u>47,364</u></u>	<u><u>47,364</u></u>
9. Debtors	2025	2024
	€	€
Trade debtors	1,332	3,397
Amounts owed by connected parties (Note 15)	(25,569)	(20,000)
Taxation	673	-
Prepayments	418	945
	<u>(23,146)</u>	<u>(15,658)</u>
10. Creditors	2025	2024
Amounts falling due within one year	€	€
Amounts owed to credit institutions	13,972	13,974
Trade creditors	11,737	17,335
Taxation	25	1,762
Directors' current accounts (Note 14)	4,255	10,250
Other creditors	6,438	8,261
Accruals	1,002	500
	<u>37,429</u>	<u>52,082</u>
11. Creditors	2025	2024
Amounts falling due after more than one year	€	€
Bank loan	<u>34,648</u>	<u>45,339</u>
Loans		
Repayable in one year or less, or on demand	13,972	13,974
Repayable between two and five years	34,648	45,339
	<u>48,620</u>	<u>59,313</u>

Freshville Limited

NOTES TO THE ABRIDGED FINANCIAL STATEMENTS

for the financial year ended 30 June 2025

12. Income Statement

	2025 €	2024 €
At 1 July 2024	2,880	(30)
Profit for the financial year	<u>3,131</u>	<u>2,910</u>
At 30 June 2025	<u><u>6,011</u></u>	<u><u>2,880</u></u>

13. Capital commitments

The company had no material capital commitments at the financial year-ended 30 June 2025.

14. Directors' transactions

The following amounts are repayable to the directors:

	2025 €	2024 €
Narinder Kaushal	<u><u>4,255</u></u>	<u><u>10,250</u></u>

15. Related party transactions

The company had transactions with other connected parties. The following amounts are receivable at the financial year end:

	Balance 2025 €	Movement in year €	Balance 2024 €	Maximum in year €
Shape Up Club Ltd	(25,569)	(5,569)	(20,000)	-

Shape up club Limited and Fresh Ville Limited have same directors and shareholders.

In the opinion of the directors these amounts arise in the ordinary course of business and the terms of the amounts due are in accordance with the terms ordinarily offered by the company.

16. Post-Balance Sheet Events

There have been no significant events affecting the company since the financial year-end.

17. Approval of financial statements

The financial statements were approved and authorised for issue by the board of directors on 5 January 2026.