

Nuts 'N' Grains Ltd
Abridged Unaudited Financial Statements
for the financial year ended 28 February 2025

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Nuts 'N' Grains Ltd

DIRECTORS' RESPONSIBILITIES STATEMENT

for the financial year ended 28 February 2025

The directors made the following statement in respect of the unaudited financial statements:

"General responsibilities

The directors are responsible for preparing the Directors' Report and the financial statements in accordance with applicable Irish law and regulations.

Irish company law requires the directors to prepare financial statements for each financial year. Under that law, the directors have elected to prepare the financial statements in accordance with the Companies Act 2014 and FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland", applying Section 1A of that Standard, issued by the Financial Reporting Council. Under company law, the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the assets, liabilities and financial position of the company as at the financial year end date and of the profit or loss of the company for the financial year and otherwise comply with the Companies Act 2014.

In preparing these financial statements, the directors are required to:

- select suitable accounting policies for the company financial statements and then apply them consistently;
- make judgements and accounting estimates that are reasonable and prudent;
- state whether the financial statements have been prepared in accordance with applicable accounting standards, identify those standards, and note the effect and the reasons for any material departure from those standards; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for ensuring that the company keeps or causes to be kept adequate accounting records which correctly explain and record the transactions of the company, enable at any time the assets, liabilities, financial position and profit or loss of the company to be determined with reasonable accuracy, enable them to ensure that the financial statements and Directors' Report comply with the Companies Act 2014. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Directors' declaration on unaudited financial statements

In relation to the financial statements which comprise the Balance Sheet and the related notes:

The directors approve these financial statements and confirm that they are responsible for them, including selecting the appropriate accounting policies, applying them consistently and making, on a reasonable and prudent basis, the judgements underlying them. They have been prepared on the going concern basis on the grounds that the company will continue in business.

The directors confirm that they have made available to EMK Management Limited, all the company's accounting records and provided all the information, books and documents necessary for the compilation of the financial statements.

The directors confirm that to the best of their knowledge and belief, the accounting records reflect all the transactions of the company for the financial year ended 28 February 2025."

Signed on behalf of the board

Marion Moffatt
Director

Justin Moffatt
Director

31 July 2025

Nuts 'N' Grains Ltd
BALANCE SHEET

as at 28 February 2025

	Notes	2025 €	2024 €
Fixed Assets			
Tangible assets	6	59,280	70,622
Investments	7	286,773	286,773
Fixed Assets		346,053	357,395
Current Assets			
Stocks	8	155,740	137,886
Debtors	9	31,409	43,646
Cash and cash equivalents		131,831	94,480
		318,980	276,012
Creditors: amounts falling due within one year	10	(91,566)	(102,200)
Net Current Assets		227,414	173,812
Total Assets less Current Liabilities		573,467	531,207
Capital and Reserves			
Called up share capital presented as equity		125	125
Other reserves		2	2
Retained earnings		573,340	531,080
Equity attributable to owners of the company		573,467	531,207

The financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland", applying Section 1A of that Standard.

We as Directors of Nuts 'N' Grains Ltd, state that -

(a) the company is availing itself of the exemption provided for by Chapter 15 of Part 6 of the Companies Act 2014,

(b) the company is availing itself of the exemption on the grounds that the conditions specified in section 359 are satisfied,

(c) the shareholders of the company have not served a notice on the company under section 334(1) in accordance with section 334(2),

(d) we acknowledge the company's obligations under the Companies Act 2014, to keep adequate accounting records and prepare financial statements which give a true and fair view of the assets, liabilities and financial position of the company at the end of its financial year and of its profit or loss for such a financial year and to otherwise comply with the provisions of the Companies Act 2014 relating to financial statements so far as they are applicable to the company,

(e) the company has relied on the specified exemption contained in section 352 Companies Act 2014. The company has done so on the grounds that the company is entitled to the benefit of that exemption as a small company and the abridged financial statements have been properly prepared in accordance with section 353 Companies Act 2014 and the small companies' regime.

Approved by the board on 31 July 2025 and signed on its behalf by:

Marion Moffatt
Director

Justin Moffatt
Director

Nuts 'N' Grains Ltd

NOTES TO THE ABRIDGED FINANCIAL STATEMENTS

for the financial year ended 28 February 2025

1. General Information

Nuts 'N' Grains Ltd is a company limited by shares incorporated in Ireland. Its company registration number is 333983.

2. Summary of Significant Accounting Policies

The following accounting policies have been applied consistently in dealing with items which are considered material in relation to the company's financial statements.

Statement of compliance

The financial statements of the company for the year ended 28 February 2025 have been prepared in accordance with the provisions of FRS 102 Section 1A (Small Entities) and the Companies Act 2014.

Basis of preparation

The financial statements have been prepared on the going concern basis and in accordance with the historical cost convention except for certain properties and financial instruments that are measured at revalued amounts or fair values, as explained in the accounting policies below. Historical cost is generally based on the fair value of the consideration given in exchange for assets. The financial reporting framework that has been applied in their preparation is the Companies Act 2014 and FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" Section 1A, issued by the Financial Reporting Council.

The company qualifies as a small company as defined by section 280A of the Companies Act 2014 in respect of the financial year and has applied the rules of the 'Small Companies Regime' in accordance with section 280C of the Companies Act 2014 and Section 1A of FRS 102.

Turnover

Turnover represents net sales to customers and excludes Value Added Tax.

Goodwill

Purchased goodwill arising on the acquisition of a business represents the excess of the acquisition cost over the fair value of the identifiable net assets including other intangible fixed assets when they were acquired. Purchased goodwill is capitalised in the Balance Sheet and amortised on a straight line basis over its economic useful life of 20 years, which is estimated to be the period during which benefits are expected to arise. On disposal of a business any goodwill not yet amortised is included in determining the profit or loss on sale of the business.

Tangible assets and depreciation

Tangible assets are stated at cost or at valuation, less accumulated depreciation. The charge to depreciation is calculated to write off the original cost or valuation of tangible assets, less their estimated residual value, over their expected useful lives as follows:

Fixtures, fittings and equipment	-	15% Straight Line
Motor vehicles	-	15% Straight Line

The carrying values of tangible fixed assets are reviewed annually for impairment in periods if events or changes in circumstances indicate the carrying value may not be recoverable.

Investments

Investments held as fixed assets are stated at cost less provision for any permanent diminution in value. Income from other investments together with any related withholding tax is recognised in the Profit and Loss Account in the year in which it is receivable.

Stocks

Stocks are valued at the lower of cost and net realisable value. Stocks are determined on a first-in first-out basis. Cost comprises expenditure incurred in the normal course of business in bringing stocks to their present location and condition. Full provision is made for obsolete and slow moving items. Net realisable value comprises actual or estimated selling price (net of trade discounts) less all further costs to completion or to be incurred in marketing and selling.

Trade and other debtors

Trade and other debtors are initially recognised at fair value and thereafter stated at amortised cost using the effective interest method less impairment losses for bad and doubtful debts except where the effect of discounting would be immaterial. In such cases the receivables are stated at cost less impairment losses for bad and doubtful debts.

NOTES TO THE ABRIDGED FINANCIAL STATEMENTS

for the financial year ended 28 February 2025

Trade and other creditors

Trade and other creditors are initially recognised at fair value and thereafter stated at amortised cost using the effective interest rate method, unless the effect of discounting would be immaterial, in which case they are stated at cost.

Taxation and deferred taxation

Current tax represents the amount expected to be paid or recovered in respect of taxable profits for the financial year and is calculated using the tax rates and laws that have been enacted or substantially enacted at the Balance Sheet date.

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date where transactions or events have occurred at that date that will result in an obligation to pay more tax in the future, or a right to pay less tax in the future. Timing differences are temporary differences between the company's taxable profits and its results as stated in the financial statements.

Deferred tax is measured on an undiscounted basis at the tax rates that are anticipated to apply in the periods in which the timing differences are expected to reverse, based on tax rates and laws that have been enacted or substantively enacted by the balance sheet date.

Government grants

Capital grants received and receivable are treated as deferred income and amortised to the Profit and Loss Account annually over the useful economic life of the asset to which it relates. Revenue grants are credited to the Profit and Loss Account when received.

Ordinary share capital

The ordinary share capital of the company is presented as equity.

3.	Operating profit	2025	2024
		€	€
	Operating profit is stated after charging/(crediting):		
	Depreciation of tangible assets	16,477	16,283
	Government grants received	(13,539)	-
		<u> </u>	<u> </u>

4. **Employees**

The average monthly number of employees, including directors, during the financial year was 8, (2024 - 8).

	2025	2024
	Number	Number
Directors	2	2
Sales Assistants	6	6
	<u> </u>	<u> </u>
	8	8
	<u> </u>	<u> </u>

5. **Intangible assets**

	Goodwill	Total
	€	€
Cost		
At 1 March 2024	76,184	76,184
	<u> </u>	<u> </u>
At 28 February 2025	76,184	76,184
	<u> </u>	<u> </u>
Provision for diminution in value		
At 28 February 2025	76,184	76,184
	<u> </u>	<u> </u>
Net book value		
At 28 February 2025	-	-
	<u> </u>	<u> </u>

Nuts 'N' Grains Ltd
NOTES TO THE ABRIDGED FINANCIAL STATEMENTS

for the financial year ended 28 February 2025

6. Tangible assets	Fixtures, fittings and equipment	Motor vehicles	Total
	€	€	€
Cost			
At 1 March 2024	210,808	30,000	240,808
Additions	5,135	-	5,135
	<u>215,943</u>	<u>30,000</u>	<u>245,943</u>
At 28 February 2025	215,943	30,000	245,943
Depreciation			
At 1 March 2024	161,186	9,000	170,186
Charge for the financial year	11,977	4,500	16,477
	<u>173,163</u>	<u>13,500</u>	<u>186,663</u>
At 28 February 2025	173,163	13,500	186,663
Net book value			
At 28 February 2025	<u>42,780</u>	<u>16,500</u>	<u>59,280</u>
At 29 February 2024	<u>49,622</u>	<u>21,000</u>	<u>70,622</u>
7. Investments		Group loans	Total
		€	€
Investments			
Cost			
At 28 February 2025		286,773	286,773
		<u>286,773</u>	<u>286,773</u>
Net book value			
At 28 February 2025		<u>286,773</u>	<u>286,773</u>
At 29 February 2024		<u>286,773</u>	<u>286,773</u>
8. Stocks		2025	2024
		€	€
Finished goods and goods for resale		155,740	137,886
		<u>155,740</u>	<u>137,886</u>
The replacement cost of stock did not differ significantly from the figures shown.			
9. Debtors		2025	2024
		€	€
Trade debtors		3,156	2,743
Other debtors		7,500	7,500
Directors' current accounts		5,522	29,103
Taxation		5,210	-
Prepayments		10,021	4,300
		<u>31,409</u>	<u>43,646</u>
10. Creditors		2025	2024
Amounts falling due within one year		€	€
Trade creditors		60,019	61,804
Taxation		12,808	10,735
Accruals		18,739	29,661
		<u>91,566</u>	<u>102,200</u>

NOTES TO THE ABRIDGED FINANCIAL STATEMENTS

for the financial year ended 28 February 2025

11.	Directors' remuneration	2025	2024
		€	€
	Remuneration	128,740	66,793
	Pension contributions	30,328	7,958
		<u>159,068</u>	<u>74,751</u>

12. Related party transactions

Nuts 'N' Grains Limited is owed €286,773 by 100 Milligram Investments Limited at 28th February 2025 (Feb 2024: €286,773). Marion Moffatt and Justin Moffatt are directors and Marian Moffatt is shareholder of 100 Milligram Investments Limited.

13. Parent company

The company regards 100 Milligram Investments Ltd as its parent company.

14. Post-Balance Sheet Events

There have been no significant events affecting the company since the Balance Sheet date.

15. Approval of financial statements

The financial statements were approved and authorised for issue by the board of directors on 31 July 2025.