

Registered number 4 4 8 3 6 9

# Men's Health Ireland limited

Report and accounts

For the period ending  
31st December 2025

# Men's Health limited

## Report and accounts

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# Men's Health limited

## Company Information

Director

Joseph Molony

Secretary

Linda Molony

Registered office

9 St Kevin's Park  
Dartry  
Dublin 6

Registered number

448369

# Men's Health limited

## Directors Report

The director presents report and financial statement for the year ending 31st of December 2025

### Principal activities

The company did not trade during the period covered by the financial statements

### Director

The director who served during the year and his interest in the share capital of the company where as follows

Joseph Molony 1000 ordinary shares.

€1 ordinary shares

name of directors	appointed	resigned	2022
Fergus McCabe	2/11/ 2007	1/01/2016	0
Joseph Molony	2/11/2007		1000 directors

### Directors responsibilities

the director acknowledges his responsibilities for:

- (1) ensuring that the company keeps accounting records which comply with the companies act ,1963 to 2014; and
- (2) preparing accounts which give a true and fair view of the state of affairs of the company at the end of the financial year and it's profit are lost for such a year and to otherwise comply with the provisions of those act relating to accounts so far as they are applicable to the company

This report was approved by the board on 30 March 2026

Joseph Molony  
Director

# Men's Health limited

## Profit and Loss Account for period ending 31 December 2025

	Notes	2025 Euro	2024 Euro
Turnover	1	-	-
Gross profit		-	-
Net profit before tax		-	-
Corporation tax		-	-
Net profit after tax		-	-
Dividends		-	-
Retained profits		-	-

Joseph Molony  
Director  
Approved by the board on the 30 March 2026

	Notes	2025 euro	2024 euro
Other debtors	2	1000	1000
current assets		1000	1000
capital and reserves			Net
call up share capital and loss account	3	1000	1000 profit
		-	-
		1000	1000

As director of Men's Health Limited state that:

- (a) the company is availing itself of the exemptions provided by chapter 15 of part 6 of the Companies act 2014
- (b) the company is availing itself of the exemptions on the ground that condition specified in s. 358 are satisfied,
- (c) that shareholders of the company have not served a notice on the companies under s. 334(1) in accordance with S. 334(2),
- (d) we acknowledge the company application under the companies act 2014, to keep adequate accounting records and prepare financial statements which give a true and fair view of the assets, liabilities and financial position of the company at the end of its financial year and of its profit or loss for such a year and to otherwise comply with the provisions of the companies act 2014 relating to financial statements so far as they applicable to the company,
- (e) the company has relied on the specified exemption contained in s.352 companies act 2014; has done so on the grounds that the company is entitled to benefit of that exemption as a small company and the abridged financial statement have been properly prepared in accordance with s353 companies act 2014 .

On behalf of the board:

Joseph Molony  
Director Date:

( in the above statement ,use sections (a)-(d) if claiming audit exemption and add section (e) if claiming the small company/ abridged exemption. A Small Company can claim either or both exemptions in their financial statement if they qualify .)

Page 4 the notes on page 5 form an integral part of these accounts  
Men's Health Ireland limited note  
to the accountants  
for the year ending 31st December 2025

## 1 Accounts policies

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting standard for small entities ( effective April 2008 )

2 debtors		2025	2024
euro	euro		
Other debtors		1000	1000
3 Share capital		2024	2023
euro	euro		
Authorised			
Ordinary shares €1 each		100000	100000
		2025	2024
		No	No
Allotted, called up and fully paid :			
Ordinary shares €1 each		1000	1000