

Company registration number: 532773

Kaizen Dojo Limited

Abridged Financial Statements

For The Financial Year Ended 31st January 2022

**(As modified by Sections 352 and 353
of the Companies Act 2014)**

Kaizen Dojo Limited

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Directors Responsibilities Statement
Financial Year Ended 31 January 2022

The directors are responsible for preparing the directors report and the financial statements in accordance with applicable Irish law and regulations.

Irish company law requires the directors to prepare financial statements for each financial financial year. Under the law, the directors have elected to prepare the financial statements in accordance with Companies Act 2014 and FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" issued by the Financial Reporting Council, and promulgated by the Certified Public Accountants in Ireland. Under company law, the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the assets, liabilities and financial position of the company as at the financial financial year end date and of the profit or loss of the company for the financial financial year and otherwise comply with the Companies Act 2014.

In preparing these financial statements, the directors are required to:

- select suitable accounting policies and then apply them consistently;
- make judgments and accounting estimates that are reasonable and prudent;
- state whether the financial statements have been prepared in accordance with applicable accounting standards, identify those standards, and note the effect and the reasons for any material departure from those standards; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for ensuring that the company keeps or causes to be kept adequate accounting records which correctly explain and record the transactions of the company, enable at any time the assets, liabilities, financial position and profit or loss of the company to be determined with reasonable accuracy, enable them to ensure that the financial statements and directors report comply with the Companies Act 2014. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Directors' declaration on unaudited financial statements

In relation to the financial statements as set out on pages 2 - 3 to 9:

- The directors approve these statutory financial statements and confirm that they are responsible for them, including selecting the appropriate accounting policies, applying them consistently and making, on a reasonable and prudent basis, the judgements underlying them. They have been prepared on the going concern basis on the grounds that the company will continue in business.
- The directors confirm that they have made available to Cronin & Company, Certified Public Accountants, the company's accounting records and provided all the information necessary for the compilation of the financial statements.
- The directors confirm that to the best of their knowledge and belief, the accounting records reflect all the transactions of the company for the financial year ended 31st January 2022.

On behalf of the board

Orla Perry
Director

Nicole Perry
Director

Kaizen Dojo Limited

Balance Sheet
As At 31 January 2022

	Note	2022 €	€	2021 €	€
Fixed assets					
Tangible assets	5	926		1,157	
			926		1,157
Current assets					
Debtors	6	8,059		7,646	
Cash at bank and in hand		20,511		19,537	
		28,570		27,183	
Creditors: amounts falling due within one year	7	(39,473)		(31,641)	
Net current liabilities			(10,903)		(4,458)
Total assets less current liabilities			(9,977)		(3,301)
Creditors: amounts falling due after more than one year	8		(20,039)		(21,243)
Net liabilities			(30,016)		(24,544)
Capital and reserves					
Called up share capital presented as equity			100		100
Profit and loss account			(30,116)		(24,644)
Shareholders deficit			(30,016)		(24,544)

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'.

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Balance Sheet (Continued)
As At 31 January 2022

We, as directors of Kaizen Dojo Limited state that:

- the company is availing itself of the exemption provided for by Chapter 15 of Part 6 of the Companies Act 2014;
- the company is availing itself of the exemption on the grounds that the conditions specified in section 358 of the Companies Act 2014 are satisfied;
- the shareholders of the company have not served a notice on the company under section 334(1) of the Companies Act 2014 in accordance with section 334(2);
- We acknowledge the company's obligations under the Companies Act 2014, to keep adequate accounting records and prepare financial statements which give a true and fair view of the assets, liabilities and financial position of the company at the end of its financial year and of its profit or loss for such a financial year and to otherwise comply with the provisions of Companies Act 2014 relating to financial statements so far as they are applicable to the company; and
- the company has relied on the specified exemption contained in section 352 of the Companies Act 2014; has done so on the grounds that the company is entitled to the benefit of that exemption as a small company and the abridged financial statements have been properly prepared in accordance with section 353 of the Companies Act 2014.

These abridged financial statements were approved by the board of directors on 6 March 2026 and signed on behalf of the board by:

Orla Perry
Director

Nicole Perry
Director

Kaizen Dojo Limited

Notes To The Abridged Financial Statements Financial Year Ended 31 January 2022

1. Accounting policies and measurement bases

Kaizen Dojo Limited operates as a sports training activity. The company's registered office is 19 The Crescent, Rathfarnham, Dublin 16. The company is a limited liability company incorporated in the Republic of Ireland and its company registration number is 532773.

Basis of preparation

The financial statements are prepared on the going concern basis, under historical cost convention, and comply with the financial reporting standards of the Financial Reporting Council including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") as adapted by Section 1A of FRS 102 and the Companies Act 2014.

The financial statements are prepared in Euro, which is the functional currency of the entity.

Turnover

Turnover is measured at the fair value of the consideration received or receivable for goods supplied and services rendered, net of discounts and Value Added Tax.

Revenue from the sale of goods is recognised when the significant risks and rewards of ownership have transferred to the buyer, usually on despatch of the goods; the amount of revenue can be measured reliably; it is probable that the associated economic benefits will flow to the entity and the costs incurred or to be incurred in respect of the transactions can be measured reliably.

Tangible assets

Tangible assets are initially recorded at cost, and are subsequently stated at cost less any accumulated depreciation and impairment losses.

Any tangible assets carried at revalued amounts are recorded at the fair value at the date of revaluation less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

An increase in the carrying amount of an asset as a result of a revaluation, is recognised in other comprehensive income and accumulated in capital and reserves, except to the extent it reverses a revaluation decrease of the same asset previously recognised in profit or loss. A decrease in the carrying amount of an asset as a result of revaluation is recognised in other comprehensive income to the extent of any previously recognised revaluation increase accumulated in capital and reserves in respect of that asset. Where a revaluation decrease exceeds the accumulated revaluation gains accumulated in capital and reserves in respect of that asset, the excess shall be recognised in profit or loss.

Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Fittings fixtures and equipment - 12.5% straight line

If there is an indication that there has been a significant change in depreciation rate, useful life or residual value of tangible assets, the depreciation is revised prospectively to reflect the new estimates.

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Notes To The Abridged Financial Statements (Continued)
Financial Year Ended 31 January 2022

Impairment

A review for indicators of impairment is carried out at each reporting date, with the recoverable amount being estimated where such indicators exist. Where the carrying value exceeds the recoverable amount, the asset is impaired accordingly. Prior impairments are also reviewed for possible reversal at each reporting date.

When it is not possible to estimate the recoverable amount of an individual asset, an estimate is made of the recoverable amount of the cash-generating unit to which the asset belongs. The cash-generating unit is the smallest identifiable group of assets that includes the asset and generates cash inflows that are largely independent of the cash inflows from other assets or groups of assets.

Government grants

Government grants are recognised at the fair value of the asset received or receivable. Grants are not recognised until there is reasonable assurance that the company will comply with the conditions attaching to them and the grants will be received.

Government grants are recognised using the accrual model and the performance model.

Under the accrual model, government grants relating to revenue are recognised on a systematic basis over the periods in which the company recognises the related costs for which the grant is intended to compensate. Grants that are receivable as compensation for expenses or losses already incurred or for the purpose of giving immediate financial support to the entity with no future related costs are recognised in income in the period in which it becomes receivable.

Grants relating to assets are recognised in income on a systematic basis over the expected useful life of the asset. Where part of a grant relating to an asset is deferred, it is recognised as deferred income and not deducted from the carrying amount of the asset.

Under the performance model, where the grant does not impose specified future performance-related conditions on the recipient, it is recognised in income when the grant proceeds are received or receivable. Where the grant does impose specified future performance-related conditions on the recipient, it is recognised in income only when the performance-related conditions have been met. Where grants received are prior to satisfying the revenue recognition criteria, they are recognised as a liability.

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Notes To The Abridged Financial Statements (Continued)
Financial Year Ended 31 January 2022

Financial instruments

A financial asset or a financial liability is recognised only when the company becomes a party to the contractual provisions of the instrument.

Basic financial instruments are initially recognised at the transaction price, unless the arrangement constitutes a financing transaction, where it is recognised at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

Debt instruments are subsequently measured at amortised cost.

Where investments in non-convertible preference shares and non-puttable ordinary shares or preference shares are publicly traded or their fair value can otherwise be measured reliably, the investment is subsequently measured at fair value with changes in fair value recognised in profit or loss. All other such investments are subsequently measured at cost less impairment.

Other financial instruments, including derivatives, are initially recognised at fair value, unless payment for an asset is deferred beyond normal business terms or financed at a rate of interest that is not a market rate, in which case the asset is measured at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

Other financial instruments are subsequently measured at fair value, with any changes recognised in profit or loss, with the exception of hedging instruments in a designated hedging relationship.

Financial assets that are measured at cost or amortised cost are reviewed for objective evidence of impairment at the end of each reporting date. If there is objective evidence of impairment, an impairment loss is recognised in profit or loss immediately.

For all equity instruments regardless of significance, and other financial assets that are individually significant, these are assessed individually for impairment. Other financial assets are either assessed individually or grouped on the basis of similar credit risk characteristics.

Any reversals of impairment are recognised in profit or loss immediately, to the extent that the reversal does not result in a carrying amount of the financial asset that exceeds what the carrying amount would have been had the impairment not previously been recognised.

Defined contribution plans

Contributions to defined contribution plans are recognised as an expense in the period in which the related service is provided. Prepaid contributions are recognised as an asset to the extent that the prepayment will lead to a reduction in future payments or a cash refund.

When contributions are not expected to be settled wholly within 12 months of the end of the reporting date in which the employees render the related service, the liability is measured on a discounted present value basis. The unwinding of the discount is recognised in finance costs in profit or loss in the period in which it arises.

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Notes To The Abridged Financial Statements (Continued)
Financial Year Ended 31 January 2022

2. Staff costs

The average number of persons employed by the company during the financial year, including the directors was 2 (2021: 2).

The aggregate payroll costs incurred during the financial year were:

	2022	2021
	€	€
Wages and salaries	37,511	17,062
Social insurance costs	-	12
Other retirement benefit costs	(3,500)	(2,842)
	<u>34,011</u>	<u>14,232</u>

3. Directors remuneration

The directors aggregate remuneration was as follows:

	2022	2021
	€	€
Emoluments in respect of qualifying services	37,511	17,062
Pension contributions to defined contribution plans in respect of qualifying services	(3,500)	(2,842)
	<u>34,011</u>	<u>14,220</u>

4. Appropriations of profit and loss account

	2022	2021
	€	€
At the start of the financial year	(24,644)	(33,860)
(Loss)/profit for the financial year	(5,472)	9,216
At the end of the financial year	<u>(30,116)</u>	<u>(24,644)</u>

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Notes To The Abridged Financial Statements (Continued)
Financial Year Ended 31 January 2022

5. Tangible assets	Fixtures, fittings and equipment €	Total €
Cost		
At 1 February 2021 and 31 January 2022	1,850	1,850
Depreciation		
At 1 February 2021	693	693
Charge for the financial year	231	231
At 31 January 2022	924	924
Carrying amount		
At 31 January 2022	926	926
At 31 January 2021	1,157	1,157
6. Debtors	2022 €	2021 €
Other debtors	8,059	7,124
Prepayments	-	522
	8,059	7,646
7. Creditors: amounts falling due within one year	2022 €	2021 €
Amounts owed to credit institutions	194	817
Trade creditors	37,913	30,785
Other creditors including tax and social insurance	1,232	-
Accruals	134	39
	39,473	31,641
8. Creditors: amounts falling due after more than one year	2022 €	2021 €
Other creditors including tax and social insurance	20,039	21,243

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Notes To The Abridged Financial Statements (Continued)
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9. Capital commitments

There were no capital commitments at the year ended 31st January 2022.

10. Contingent assets and liabilities

There were no contingent liabilities at year end date.

11. Controlling party

The company is ultimately controlled by the director Brendan Perry.

12. Approval of financial statements

The board of directors approved these abridged financial statements for issue on 6 March 2026.