

OVERALL CERTIFICATE FOR FINANCIAL STATEMENTS COMPANIES ACT 2014

Company Name: Take Control Counselling Limited
Company Number: 660405
Financial Year: Year Ended 31st December 2025

CERTIFICATE:

WE HEREBY CERTIFY that all documents which are required under Part 6 of the Companies Act 2014 to be annexed to this annual return, have been so annexed, and that they are true copies of the originals laid or to be laid before the relevant general meeting, or presented to the member(s).

Signature: 
Secretary

Name: Ivan O'Daly

Date: 9/4/26

Signature: 
Director

Name: Denise Casserley

Date: 9/4/2026

Company registration number: 660405

Take Control Counselling Limited
Unaudited abridged financial statements
for the financial year ended 31 December 2025

Take Control Counselling Limited

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Take Control Counselling Limited

Directors and other information

Director	Denise Casserley
Secretary	Ivan O'Daly
Company number	660405
Registered office	First Floor Unit 13B Mullaghboy Industrial Estate Navan Co. Meath
Accountants	O'Byrne Fay Limited 13B Mullaghboy Industrial Estate Navan, Co. Meath
Bankers	Allied Irish Bank Navan Co. Meath

Take Control Counselling Limited

Director's responsibilities statement

These abridged financial statements have been extracted, pursuant to section 353 of the Companies Act 2014, from the statutory financial statements prepared under section 290 of that Act. The following is the Director's Responsibilities Statement accompanying those financial statements.

Company law requires the director to prepare financial statements for each financial year. Under that law, has elected to prepare the financial statements in accordance with FRS 105 The Financial Reporting Standard applicable to the Micro-entities Regime (FRS 105).

As such the director is responsible for preparing financial statements in accordance with the provisions of the Companies Act 2014 with which the company is obliged to comply, including the appropriate use of the going concern basis of accounting, which is consistent with those requirements, and having availed of the exemptions to which the company is entitled by virtue of qualifying for the micro companies regime and FRS 105. Thereby, the financial statements are presumed, in law, to give a true and fair view without any consideration of any other circumstances, factors, accounting principles or disclosures.

The director is responsible for keeping adequate accounting records which disclose with reasonable accuracy at any time the assets, liabilities, financial position and profit or loss of the company and enable to ensure that the financial statements comply with the Companies Act 2014. has general responsibility for taking such steps as are reasonably open to to safeguard the assets of the company and to prevent and detect fraud and other irregularities.

On behalf of the board:



Denise Casserley
Director

9th April 2026

Take Control Counselling Limited

**Balance sheet
As at 31 December 2025**

	2025	2024
	€	€
Current assets	246	283
Creditors: amounts falling due within one year	<u>(4,275)</u>	<u>(4,025)</u>
Net current liabilities	<u>(4,029)</u>	<u>(3,742)</u>
Total assets less current liabilities	(4,029)	(3,742)
Accruals and deferred income	(1,000)	(1,000)
Net liabilities	<u><u>(5,029)</u></u>	<u><u>(4,742)</u></u>
Capital and reserves	<u><u>(5,029)</u></u>	<u><u>(4,742)</u></u>

I, as director of Take Control Counselling Limited state that:

- (a) the company is availing itself of the exemption provided for by Chapter 15 of Part 6 of the Companies Act 2014;
- (b) the company is availing itself of the exemption on the grounds that the conditions specified in section 358 of the Companies Act 2014 are satisfied;
- (c) the shareholders of the company have not served a notice on the company under section 334(1) of the Companies Act 2014 in accordance with section 334(2);
- (d) I acknowledge the company's obligations under the Companies Act 2014, to keep adequate accounting records and prepare financial statements which give a true and fair view of the assets, liabilities and financial position of the company at the end of its financial year and of its profit or loss for such a financial year and to otherwise comply with the provisions of Companies Act 2014 relating to financial statements so far as they are applicable to the company; and
- (e) the company has relied on the specified exemption contained in section 352 of the Companies Act 2014; has done so on the grounds that the company is entitled to the benefit of that exemption as a micro company and the abridged financial statements have been properly prepared in accordance with section 353 of the Companies Act 2014.

The financial statements have been prepared in accordance with the micro companies regime.

These abridged financial statements were approved by the director of the company on 9 April 2026 and signed by:


Denise Casserley
Director

Take Control Counselling Limited

Notes to the abridged financial statements Financial year ended 31 December 2025

1. General information

The company is a private company limited by shares, registered in Ireland. The address of the registered office is First Floor, Unit 13B Mullaghboy Industrial Estate, Navan, Co. Meath.

Statement of compliance

These financial statements have been prepared in accordance with FRS 105, 'The Financial Reporting Standard applicable to the Micro-entities Regime'.

1.1. Basis of preparation

The financial statements have been prepared on the historical cost basis.

The financial statements are prepared in Euro, which is the functional currency of the entity.

1.2. Tangible assets

Tangible assets are measured initially at cost, and are subsequently stated at cost less accumulated depreciation and impairment losses.

Depreciation is provided on all tangible fixed assets, other than freehold land, at rates calculated to write off the cost or valuation, less estimated residual value, of each asset systematically over its expected useful life, on a straight-line basis, as follows:

1.3. Taxation

Tax is recognised in the statement of comprehensive income, except to the extent that it relates to items recognised in other comprehensive income or directly in capital and reserves. In this case, tax is recognised in other comprehensive income or directly in capital and reserves, respectively.

Tax is recognised on taxable profit for the current and past periods. Tax is measured at the amounts of tax expected to pay or recover using the tax rates and laws that have been enacted or substantively enacted at the reporting date.

2. Appropriations of profit and loss account

	2025	2024
	€	€
At the start of the financial year	(4,842)	(4,110)
Loss for the financial year	(287)	(732)
At the end of the financial year	(5,129)	(4,842)