

HOPEFUL MIND LIMITED - Directors' Report
(Psychology & Yoga Services)

DIRECTORS' REPORT

Year Ended 31 December 2025

The directors present their annual report and financial statements for the year ended 31 December 2025.

Principal Activities

Hopeful Mind Limited provides psychology consulting and yoga instruction services throughout Ireland.

Results and Dividends

The profit for the year after taxation amounted to €1,322 (2024: loss of €825).
The directors do not recommend payment of a dividend.

Future Developments

The company intends to expand its psychology and yoga services, develop online wellness programs, and increase client capacity in 2026.

Directors

The director who served throughout the year was:
Stephanie McLaughlin - Director

Company Secretary
George Plant - Secretary

Political Contributions

The company did not make any disclosable political donations.

Accounting Records

The directors are responsible for ensuring that proper books of account are maintained. Appropriate accounting records have been kept at the registered office.

Auditors

No auditor has been appointed as the company qualifies for audit exemption.

Approved by the board on 8 February 2026 and signed on its behalf by:



Stephanie McLaughlin (Director)